

Pappas Rehabilitation Hospital for Children

JUNE 20, 2018

PROGRAM IS BROUGHT TO YOU BY THE MASSACHUSETTS NURSES ASSOCIATION PROGRAM IS FOR
MNA UNIT 7 MEMBERS ONLY



(8:15AM-9:00AM) REGISTRATION

(9:00AM-12:00PM) COMBATING THE RAVAGES OF NURSE BURNOUT WITH EMPOWERMENT AND RESILIENCY - PRESENTED BY: MARY LINDA O'REILLY MSN, APRN, ANP, PSYCH NP

DESCRIPTION:

The overall goal for this program is to provide nursing professionals with strategies that will prevent, identify, and manage compassion fatigue. Although the nursing profession encompasses challenging physical, emotional and spiritual work, it can be extremely fulfilling. However, conflict and stress may be an almost daily experience for staff who are actively engaged in clinical practice. The consequence of consistent exposure to this stress can take a toll on even the strongest personality. This program will explore strategies to promote resiliency. Program is applicable for other disciplines including social work, psychology, etc.

LEARNING OBJECTIVES:

- Identify the signs and symptoms of burnout in nursing professionals.
- Discuss the root-causes burnout in licensed nurses.
- Describe the experience of burnout
- List 3 examples of the physical, mental, and emotional effects of burnout.
- State approaches to manage burnout

(12:00PM-1:00PM) – COMPLIMENTARY LUNCH WILL BE PROVIDED

(1:00PM-4:00PM) DOMESTIC AND SEXUAL VIOLENCE TRAINING: WHAT NURSES NEED TO KNOW – PRESENTED BY ERIN MILLER MPS, MDV, CTSS CASAC-T

DESCRIPTION:

This presentation will look at the dynamics of Domestic and Sexual Violence, the health impact of violence and abuse, and the consequence of children's exposure to violence. Components of trauma-informed care will be explored.

This training is applicable for other disciplines. Per MGL c 260, §9 of the Acts of 2014 requires the boards of registration in medicine, nursing, nursing home administrators, physician assistants, social workers, psychologists and allied mental health and human services to promulgate regulations establishing standards that require training on the issue of domestic and sexual violence as a condition of licensure and license renewal. This training meets the requirement for licensing for all disciplines listed before, except Nursing Home Administrators.

LEARNING OBJECTIVES:

- Define the dynamics of Domestic/Sexual Violence
- Define sexual violence and the emergency response
- Identify the consequences of children's exposure to violence and abuse
- List the role of providers regarding violence and abuse more broadly in trauma informed care

Target Audience: Unit 7 physicians, registered nurses, psychologists, occupational therapists and mental health professionals.

In order for registered nurses to successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire period of the session and 3) complete and submit the evaluation.

*Please note that CE approval is pending for Unit 7 physicians, psychologists, occupational therapists and mental health professionals.

TO REGISTER FOR THIS PROGRAM, CONTACT SUSAN CLISH, HEALTH & SAFETY, AT (781) 830-5723. CONTACT THE MNA OFFICE AT 781-821-4625 X 723 IF YOU HAVE ANY FURTHER QUESTIONS OR COMPLETE THE FORM BELOW AND MAIL IT TO THE MASSACHUSETTS NURSES ASSOCIATION, ATTN: SUSAN CLISH, HEALTH & SAFETY. 340 TURNPIKE STREET, CANTON, MA 02021.

Name _____ Email _____

____RN ____LPN ____APN ____Other (specify) _____

Address _____

City _____ State _____ Zip _____

Telephone: Daytime _____ Evening _____



Cancellation Policy:

Email will be sent to the original distribution list notifying learners and potential participants in regards to the cancellation of the educational program. If rescheduling information is known, it will be included in e-mail/message. Learners can cancel by emailing sclich@mnarn.org. You may call the MNA office at 781-821-4625 x 723 if for cancellation information. Deadline to register is: **June 15, 2018.**

